

**Three Rivers Conference Championships - 5/9/2009**  
 Chatfield High School, Chatfield, MN

Women - Team Rankings - 18 Events Scored

1) Dover-Eyota/St. Charles	142	2) Caledonia-Spring Grove	128.33
3) Plainview-Elgin-Millville	110.66	4) Chatfield	86
5) Wabasha-Kellogg	85	6) Rushford-Peterson/Houston	69
7) Lewiston-Altura	42	8) Kingsland	39

Girls 100 Meter Dash

Track: @ 13.86 4/14/2009 Nichole Clemens, Chatfield  
 Conference: % 12.54 1995 Natasha Wendt, Kingsland

Name	Year	School	Seed	Finals	H#	Points
<b>Finals</b>						
1 Laquita Becker	12	Caledonia-SG	13.37	13.28@ARJ	1	10
2 Danielle Gernes	12	Wabasha-Kellogg	13.60	13.46@	1	8
3 Alyssa Frank	12	Kingsland	13.54	13.55@	1	6
4 Nicole Peters	11	Wabasha-Kellogg	13.70	13.60@	2	5
5 Anna Ross	9	RushfordPeterHou	13.69	13.78@	1	4
6 Becca Lee	12	DoverEyotaStChar	13.30	13.88	1	3
7 Mercedes Baker	9	DoverEyotaStChar	13.50	13.93	1	2
8 Callie Fordahl	12	RushfordPeterHou	13.95	13.96	2	1

Girls 200 Meter Dash

Track: @ 27.76 4/14/2009 Erin Kammer, Chatfield  
 Conference: % 26.24 1985 Jessie Westrom, Chatfield

Name	Year	School	Seed	Finals	H#	Points
<b>Finals</b>						
1 Danielle Gernes	12	Wabasha-Kellogg	27.50	27.09@ARJ	1	10
2 Kayla Sanden	11	DoverEyotaStChar	27.41	27.22@ARJ	1	8
3 Andrea Bartz	8	PlainviewElginMi	27.63	27.87	1	6
4 Kaylee Helgemoe	12	RushfordPeterHou	28.23	28.19	1	5
5 Remi Sonsalla	8	Caledonia-SG	29.57	28.62	1	4
6 Maria Fruechte	8	Caledonia-SG	29.81	28.85	2	3
7 Mercedes Baker	9	DoverEyotaStChar	28.39	29.15	1	2
8 Mackenzie Gengler	10	PlainviewElginMi	29.92	29.22	2	1

Girls 400 Meter Dash

Track: @ 1:01.14 4/14/2009 Jordyn Dudek, Chatfield  
 Conference: % 59.68 2003 Mallory Schad, Plainview

Name	Year	School	Seed	Finals	H#	Points
<b>Finals</b>						
1 Kaitlyn Gathje	10	DoverEyotaStChar	1:02.92	1:00.88@ARJ	1	10
2 Kayla Sanden	11	DoverEyotaStChar	1:01.07	1:01.70 ARJ	1	8
3 Kalyn Biever	8	Wabasha-Kellogg	1:03.00	1:04.62	1	6
4 Bettina Schneider	8	PlainviewElginMi	1:06.06	1:06.22	1	5
5 Kiara Loechler	7	PlainviewElginMi	1:07.29	1:07.22	1	4
6 Bobbi Jo Schutteme	10	Caledonia-SG	1:08.90	1:07.28	2	3
7 Lacy Krahn	9	Kingsland	1:07.00	1:07.44	1	2
8 Ashley Baker	7	Chatfield	1:07.81	1:08.11	2	1

Girls 800 Meter Run

Track: @ 2:28.14 4/14/2009 Ahna Buntrock, Dover Eyota

Conference: % 2:17.44 2005 Nicole Calabrese, Kingsland  
 2:30.24 ARJ Name Year School Seed Finals  
 Points

1	Ahna Buntrock	8	DoverEyotaStChar	2:24.22	2:25.82@ARJ	10
2	Kelly Hurtis	12	DoverEyotaStChar		2:29.53 ARJ	8
3	Karen Sass	9	Chatfield	2:32.51	2:30.15 ARJ	6
4	Michaela Neuzil	9	Caledonia-SG	2:38.50	2:31.31	5
5	Nikki Befort	12	PlainviewElginMi	2:38.21	2:37.50	4
6	Miranda Jacob	8	Wabasha-Kellogg	2:37.00	2:39.19	3
7	Jenna Rindels	11	Kingsland	2:39.00	2:40.22	2
8	Hannah Finne	7	PlainviewElginMi	2:41.05	2:40.79	1

Girls 1600 Meter Run

Track: @ 5:29.37 4/14/2009 Kelly Hurtis, Dover Eyota  
 Conference: % 5:02.94 2005 Nicole Calabrese, Kingsland  
 5:35.24 ARJ Name Year School Seed Finals  
 Points

1	Kelly Hurtis	12	DoverEyotaStChar	5:20.10	5:27.84@ARJ	10
2	Emily Norton	8	PlainviewElginMi	5:36.35	5:47.86	8
3	Hannah Sieve	12	RushfordPeterHou	5:42.18	5:49.85	6
4	Jenna Rindels	11	Kingsland	5:58.00	5:53.19	5
5	Elyse Root	8	PlainviewElginMi	6:04.39	5:55.91	4
6	Richell Mehus	9	Caledonia-SG	5:50.72	5:56.26	3
7	Breanna Hall	10	Wabasha-Kellogg	5:45.00	5:57.77	2
8	Melissa Hurley	10	Chatfield	6:07.52	5:58.73	1

Girls 3200 Meter Run

Track: @ 12:25.18 4/14/2009 Kayla Woltz, Chatfield  
 Conference: % 10:55.85 2004 Nicole Calabrese, Kingsland  
 12:20.24 ARJ Name Year School Seed Finals  
 Points

1	Kayla Woltz	8	Chatfield	11:54.90	11:47.12@ARJ	10
2	Nikayla Ratz	8	DoverEyotaStChar		11:52.14@ARJ	8
3	Emily Norton	8	PlainviewElginMi	12:24.44	12:31.09	6
4	Mary Swiggum	12	DoverEyotaStChar	12:36.25	12:53.45	5
5	Elyse Root	8	PlainviewElginMi	12:53.34	13:01.71	4
6	Danielle Anshus	12	Chatfield		13:06.11	3
7	Jessica Leighton	9	DoverEyotaStChar	13:00.22	13:10.65	2
8	Randi Mehus	8	Caledonia-SG	13:29.22	13:20.89	1

Girls 100 Meter Hurdles

Track: @ 17.23 4/14/2009 Becca Lee, Dover Eyota  
 Conference: % 15.14 1993 Kelly Schoberg, Plainview  
 17.24 ARJ Name Year School Seed Finals  
 H# Points

1	Becca Lee	12	DoverEyotaStChar	16.20	16.46@ARJ	1	10
2	Samantha Wermager	12	Caledonia-SG	16.40	16.73@ARJ	1	8
3	Miranda Moen	10	Caledonia-SG	16.70	17.14@ARJ	1	6
4	Jalana Larson	9	PlainviewElginMi	18.56	18.19	2	5
5	Jordyn Goree	8	RushfordPeterHou	18.76	18.39	2	4
6	Erin Leisen	10	PlainviewElginMi	18.67	18.59	2	3
7	Jana Olson	12	RushfordPeterHou	17.44	18.69	1	2
8	Abbi Dennis	7	PlainviewElginMi	18.64	18.93	2	1

Girls 300 Meter Hurdles

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 Track: @ 45.75 4/14/2009 Lauren Kuklinski, Wabasha Kell  
 Conference: % 45.97 1993 Kelly Schoberg, Plainview  
 50.44 ARJ Name Year School Seed Finals  
 H# Points  
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1	Lauren Kuklinski	11	Wabasha-Kellogg	48.04	46.86	ARJ	1	10
2	Becca Lee	12	DoverEyotaStChar	47.00	49.53	ARJ	1	8
3	Miranda Moen	10	Caledonia-SG	50.20	50.18	ARJ	1	6
4	Samantha Wermager	12	Caledonia-SG	50.78	50.21	ARJ	1	5
5	Andrea Bartz	8	PlainviewElginMi	49.82	51.06		1	4
6	Mundt Jenny	9	Lewiston-Altura	52.63	52.03		1	3
7	Bridgid Smith	8	DoverEyotaStChar	50.87	52.25		1	2
8	Madison Hadoff	10	Chatfield	55.44	53.86		2	1
9	Kelsey Buss	8	Chatfield	56.57	53.99		2	10

Girls 4x100 Meter Relay

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 Track: @ 52.60 4/14/2009 Wabasha Kellogg, Wabasha Kell  
 K Biever, D Gernes, N Peters, L Kuklinski Conference: % 51.04 1985  
 Chatfield, Chatfield Westrom, Copeman,  
 Zimmerman, Schriever 53.44 ARJ School  
 Seed Finals Points  
 =====

1	Chatfield 'A'	51.36	51.54@ARJ	10
1)	Erin Kammer 9	2) Nichole Clemens 10	3) Jordyn	
Dudek 11	4) Ashley VonWald 12			
2	Wabasha-Kellogg 'A'	52.09	51.96@ARJ	8
1)	Danielle Gernes 12	2) Nicole Peters 11	3) Lauren	
Kuklinski 11	4) Kalyn Biever 8			
3	Caledonia-Spring Grove 'A'	52.95	52.61 ARJ	6
1)	Laquita Becker 12	2) Maria Fruechte 8	3) Megan King	
12	4) Courtney Gran 12			
4	Rushford-Peterson/Houston 'A'	54.12	54.71	5
1)	Anna Ross 9	2) Callie Fordahl 12	3) Jordyn	
Goree 8	4) Kaylee Helgemoe 12			
5	Dover-Eyota/St. Charles 'A'	53.97	54.80	4
1)	Mercedes Baker 9	2) Natalia Baker 11	3) Bridgid	
Smith 8	4) Briana Mayer			
6	Kingsland 'A'	56.80	54.86	3
1)	Alyssa Frank 12	2) Lacy Krahn 9	3) Taylor Link	
7	4) Marissa Bornholdt 7			
7	Lewiston-Altura 'A'	55.06	55.07	2
1)	Halverson Laine 9	2) Rolwing Heather 9	3) Mundt Jenny	
9	4) Peoples Tan'Angela 8			
8	Plainview-Elgin-Millville 'A'	56.28	55.22	1
1)	Winter Kucharski 12	2) Mackenzie Gengler 10	3) Geffan	
Carter 7	4) Emily Iverson 7			

Girls 4x200 Meter Relay

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 Track: @ 1:50.11 4/14/2009 Chatfield, Chatfield  
 E Kammer, N Clemens, J Dudek, A VonWald Conference: % 1:48.05 2004  
 Caledonia/Spring Grove, Caledonia/Spring G Olson, Besse,  
 Colleran, Polus 1:52.64 ARJ School  
 Seed Finals Points  
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1	Chatfield 'A'	1:49.86	1:49.03@ARJ	10
1)	Erin Kammer 9	2) Nichole Clemens 10	3) Jordyn	
Dudek 11	4) Ashley VonWald 12			

2 Caledonia-Spring Grove 'A'	1:51.85	1:54.76	8
1) Laquita Becker 12	2) Rachel Bauer 10		3) Megan King
12	4) Courtney Gran 12		
3 Rushford-Peterson/Houston 'A'	1:53.54	1:57.02	6
1) Anna Ross 9	2) Erica Hinz 8		3) Amy Todd 8
4) Kaylee Helgemoe 12			
4 Wabasha-Kellogg 'A'	1:51.00	1:58.20	5
1) Nicole Peters 11	2) Breanna Hall 10		3) Miranda
Jacob 8	4) Kalyb Biever 8		
5 Lewiston-Altura 'A'	1:59.18	1:59.99	4
1) Rolfig Heather 9	2) Mundt Judy 12		3) Halverson
Laine 9	4) Peoples Tan'Angela 8		
6 Dover-Eyota/St. Charles 'A'	1:57.20	2:00.57	3
1) Briana Mayer	2) Natalia Baker 11		3) Jackie
Hurtis 12	4) Mackenzie Doty 10		
7 Kingsland 'A'	1:58.00	2:03.06	2
1) Lindsay Tart 9	2) Marissa Bornholdt 7		3) Taylor Link
7	4) Jamie Thompson 7		
8 Plainview-Elgin-Millville 'A'	1:56.86	2:07.53	1
1) Kelsey Petit 11	2) Mary Claire Wingert 12		3) Jessica
Rueber 10	4) Emily Iverson 7		

#### Girls 4x400 Meter Relay

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=====	Track: @ 4:15.92	4/14/2009	Dover Eyota St Charles, Dover Eyota
K Hurtis, B Mayer, K Sanden, K Gathje			Conference: % 4:10.64 1998
Chatfield, Chatfield			Thieke, Thieke,
Nelson, Schild		4:20.24 ARJ	School
Seed	Finals	Points	
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1 Chatfield 'A'	4:11.72	4:08.85%ARJ	10
1) Erin Kammer 9	2) Nichole Clemens 10		3) Ashley
VonWald 12	4) Jordyn Dudek 11		
2 Dover-Eyota/St. Charles 'A'	4:14.33	4:14.86@ARJ	8
1) Kayla Sanden 11	2) Briana Mayer		3) Kelly
Hurtis 12	4) Kaitlyn Gathje 10		
3 Caledonia-Spring Grove 'A'	4:25.80	4:33.24	6
1) Miranda Moen 10	2) Richell Mehus 9		3) Bobbi Jo
Schuttemeier 10	4) Michaela Neuzil 9		
4 Rushford-Peterson/Houston 'A'	4:29.14	4:36.11	5
1) Hannah Sieve 12	2) Katie Wolter 9		3) Paige
Johnson 10	4) Rachelle Ruberg 12		
5 Lewiston-Altura 'A'	4:46.36	4:41.90	4
1) Daley Merissa 10	2) Mundt Judy 12		3) Matzke Tori
9	4) Rolfig Heather 9		
6 Plainview-Elgin-Millville 'A'	4:38.62	4:43.15	3
1) Maria Wingert 9	2) Kiara Loechler 7		3) Bettina
Schneider 8	4) Nikki Befort 12		
7 Kingsland 'A'	4:29.00	4:50.66	2
1) Regan Zimmer 9	2) Lacy Krahn 9		3) Jenna
Rindels 11	4) Arianna Williams 11		
8 Wabasha-Kellogg 'A'	4:48.00	5:00.96	1
1) Kortney Wobbe 8	2) Sydney Sylvester 8		3) Megan Kelly
8	4) Madyson Main 7		

#### Girls 4x800 Meter Relay

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=====	Track: @ 10:19.81	4/14/2009	La Crescent, La Crescent
K Shepardson, D Petersen, K Vesel, N Franta			Conference: % 9:43.54 2004
Chatfield, Chatfield			Bell, Vonwald, Bray,
Tangen		10:25.24 ARJ	School
Seed	Finals	Points	
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1 Dover-Eyota/St. Charles 'A'	9:52.88	10:09.90@ARJ	10
1) Jackie Hurtis 12	2) Mary Swiggum 12	3) Nikayla Ratz 8	
4) Ahna Buntrock 8			
2 Caledonia-Spring Grove 'A'	10:33.88	10:28.96	8
1) Richell Mehus 9	2) Jenna Dokken 9	3) Bobbi Jo Schutte-meier 10	
4) Michaela Neuzil 9			
3 Chatfield 'A'	10:35.49	10:32.04	6
1) Karen Sass 9	2) Breanna Grebin 9	3) Danielle Anshus 12	
4) Kayla Woltz 8			
4 Rushford-Peterson/Houston 'A'	11:03.17	10:38.58	5
1) Hannah Sieve 12	2) Rachelle Ruberg 12	3) Mariah Olson 7	
4) Katie Wolter 9			
5 Wabasha-Kellogg 'A'	10:48.00	11:03.81	4
1) Kortney Wobbe 8	2) Miranda Jacob 8	3) Sara Keller 9	
4) Breanna Hall 10			
6 Plainview-Elgin-Millville 'A'	10:56.46	11:27.50	3
1) Hannah Finne 7	2) Amanda Fry 12	3) Ashley Kirkman 9	
4) Elizabeth Allness 10			
7 Lewiston-Altura 'A'	11:56.92	11:37.14	2
1) Daley Merissa 10	2) Matzke Tori 9	3) Mrozek Chelsea 12	
4) Kingsbury Alison 11			
8 Kingsland 'A'	11:42.00	12:02.00	1
1) Brittney Capelle 11	2) Liz Bain 11	3) Melanie Woods 9	
4) Arianna Williams 11			

#### Girls High Jump

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Track: @ 4-06 4/14/2009 Katie Novak, La Crescent  
Conference: % 5-05 2003 Brianna Polus, Caledonia/Spring Grove  
5-00.00 ARJ Name Year School Seed Finals  
Points

1 Emma Lange	8 Caledonia-SG	5-00.00	5-01.00@ARJ	10
2 Rachel Bauer	10 Caledonia-SG	5-00.00	4-08.00@	6.33
2 Abbi Dennis	7 PlainviewElginMi	4-10.00	4-08.00@	6.33
2 Andrea Bartz	8 PlainviewElginMi	5-02.00	4-08.00@	6.33
5 Kayla McCormick	11 Caledonia-SG	4-10.00	J4-08.00@	4
6 Jalana Larson	9 PlainviewElginMi	4-06.00	4-06.00@	3
7 MacKenzie Jeche	12 DoverEyotaStChar	4-04.00	J4-06.00@	2
8 Briana Johnson	10 DoverEyotaStChar	4-04.00	J4-06.00@	1

#### Girls Pole Vault

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Track: @ 9-00 4/14/2009 Shannon Stever, La Crescent  
Conference: % 10-02 2006 Brianne Kvanli, Kingsland  
9-00.00 ARJ Name Year School Seed Finals  
Points

1 Winter Kucharski	12 PlainviewElginMi	9-06.00	9-00.00@ARJ	10
2 Jana Olson	12 RushfordPeterHou	9-00.00	8-06.00	8
3 Gretchen Hoff	12 RushfordPeterHou	8-00.00	8-00.00	6
4 Mundt Judy	12 Lewiston-Altura	8-06.00	J8-00.00	5
5 Kaitlyn Gathje	10 DoverEyotaStChar	7-06.00	7-09.00	4
6 Melissa Finley	11 Chatfield	8-06.00	J7-09.00	3
7 Cassie Holmen	8 Kingsland	7-06.00	7-06.00	2
8 Ahna Buntrock	8 DoverEyotaStChar	7-06.00	7-00.00	1

#### Girls Long Jump

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Track: @ 17-00 4/14/2009 Lauren Kuklinski, Wabasha Kell  
Conference: % 17-03.50 1986 Jessie Westrom, Chatfield  
15-09.00 ARJ Name Year School Seed Finals  
Points

1	Lauren Kuklinski	11	Wabasha-Kellogg	17-00.00	16-05.00	ARJ	10
2	Nichole Clemens	10	Chatfield	15-02.00	15-08.00		8
3	Kayla Sanden	11	DoverEyotaStChar	16-00.00	J15-08.00		6
4	Andrea Bartz	8	PlainviewElginMi	17-00.50	15-07.75		5
5	Samantha Wermager	12	Caledonia-SG	16-01.00	15-07.50		4
6	Alyssa Frank	12	Kingsland	15-02.00	15-01.75		3
7	Danielle Gernes	12	Wabasha-Kellogg	16-08.00	15-00.75		2
8	Anna Ross	9	RushfordPeterHou	14-06.50	14-06.00		1

#### Girls Triple Jump

Track: @ 35-05.50 4/14/2009 Lauren Kuklinski, Wabasha Kell  
 Conference: % 35-04.25 2008 Lauren Kulkinski, Wabasha-Kellogg  
 33-00.00 ARJ Name Year School Seed Finals  
 Points

1	Lauren Kuklinski	11	Wabasha-Kellogg	35-00.00	34-05.50	ARJ	10
2	Samantha Wermager	12	Caledonia-SG	34-02.00	34-01.00	ARJ	8
3	Becca Lee	12	DoverEyotaStChar	33-04.00	32-11.75		6
4	Mundt Jenny	9	Lewiston-Altura	32-01.50	31-08.25		5
5	Erin Kammer	9	Chatfield	29-11.50	31-05.00		4
6	Erin Leisen	10	PlainviewElginMi	32-00.00	31-03.25		3
7	Jordyn Dudek	11	Chatfield	31-09.50	30-09.50		2
8	Jana Olson	12	RushfordPeterHou	31-04.50	30-05.00		1

#### Girls Shot Put

Track: @ 37-01 4/14/2009 Yvonne Freese, Lanesboro Fi  
 Conference: % 41-10 2000 Jackie Luehmann, Lewiston-Altura  
 34-06.00 ARJ Name Year School Seed Finals  
 Points

1	Jaci Adcock	10	RushfordPeterHou	34-05.00	34-02.00		10
2	Betsy Schaller	11	Caledonia-SG	34-01.00	32-00.00		8
3	Lindsey Olson	12	PlainviewElginMi	37-00.00	31-04.50		6
4	Bain Ashton	11	Lewiston-Altura	33-01.75	30-05.00		5
5	Arie Albert	10	Caledonia-SG	29-02.00	29-02.50		4
6	Kyndra Neis	9	Chatfield	32-03.50	29-01.50		3
7	Neeck Elissa	11	Lewiston-Altura	32-04.50	28-11.00		2
8	Erin McKay	12	DoverEyotaStChar	28-07.00	27-09.00		1

#### Discus Throw

Track: @ 119-03 4/14/2009 Yvonne Freese, Lanesboro Fi  
 Conference: % 128-07 2000 Jackie Luehmann, Lewiston-Altura  
 107-06 ARJ Name Year School Seed Finals  
 Points

1	Bain Ashton	11	Lewiston-Altura	90-07	107-01.00		10
2	Kyndra Neis	9	Chatfield	99-05	95-07.00		8
3	Liz Bain	11	Kingsland	91-06	93-03.00		6
4	Alyssa Frank	12	Kingsland	106-03	92-04.00		5
5	Lindsey Olson	12	PlainviewElginMi	103-02	90-08.00		4
6	Nikki Befort	12	PlainviewElginMi	88-10	87-00.00		3
7	Betsy Schaller	11	Caledonia-SG	103-05	85-08.00		2
8	Nicki Alexander	10	Wabasha-Kellogg	100-00	83-08.00		1